



FEBRUARY DANCE

Saturday 23 FEBRUARY 2019,
Dancing 7.00 pm to 10.30 pm

**VENUE: At Loughton Methodist Church, 260 High Road,
Loughton, Essex, IG10 1RB**

Dancing to Ken Martlew and Barbara Manning.

PROGRAMME

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|----------------------------|-------------------------------|
| 1. Napier's Index | 11. Joie de Vivre |
| 2. Cape Breton Hornpipe | 12. Glengarry Homestead |
| 3. Scotch Mist | 13. Postie's Jig |
| 4. C'est l'Amour | 14. Swiss Lassie |
| 5. Mrs Stuart Linnell | 15. Wind on Loch Fyne |
| 6. Never at Sea | 16. Mrs Stewart's Jig |
| 7. Indian River Strathspey | 17. Queen's View |
| 8. The Zoologist | 18. The Byron Strathspey |
| 9. Lady Sophia Lindsay | 19. The Sailor |
| 10. Epping Hundred | 20. Mrs MacPherson of Inveran |

Tickets **£11.00**, non-dancers £5.00

*****NB -- PLEASE BRING A PLATE OF FOOD TO SHARE,
READY FOR THE TABLE *****
(NO ALCOHOL ALLOWED ON CHURCH PREMISES)

Programs with cribs are available on our website.

**NEXT DANCE – 29 June 2019 – Band Forest Band,
Loughton Methodist Church, 260 High Road, IG10 1RB**

**ESSEX CALEDONIAN BALL - 27 April 2019, Band Craigievar
Village Hall, Wickham Bishops, Church Road CM8 3JZ – 7.30 to 11.15 pm,
Highland or evening dress. Dancers £28.00, Non-Dancers £21.00**

Social Sec

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Web <http://www.efsas.org.uk>

1. NAPIER'S INDEX (J8x40) 3C (4C Set) Brian Charlton RSCDS Bk 45

- 1- 8 1s set & cast 1 place, turn LH 1.1/4 times to end in Bal-in-Line position between 1st corners
- 9-16 1s+1st corners Bal-in-Line & turn corners RH (4 bars) to Bal-in-Line again with 1st corners
- 17-24 1s dance reel of 3 on sides (LSh to 2nd corner) & end diagonally between 2nd corners
- 25-32 1s+2nd corners Bal-in-Line & turn corners RH (4 bars), Bal-in-Line again with 2nd corners
- 33-40 1s dance reels of 3 across (LSh to 3rd corners) & cross RH to 2nd places

2. THE CAPE BRETON HORNPIPE (R4x32) 4C set Charlie Inglis

3s & 4s on opp sides

- 1- 8 1s & 4s cross RH & cast in 1 place, set & dance 1/2 LH across end giving RH to nearest corner
- 9-16 All Balance in St Andrews cross formation & 4s also 1s turn corners into centre, balance & turn corners back to places & end facing corners
- 17-24 4s & 1s dance DoSiDo with corners, 4s & 1s dance RSh round corner back into middle
- 25-32 4s+1s dance RH across & end 1s facing down & 4s up, dance out ends crossing & cast in 1 place. 2 4(1)(3)

3. SCOTCH MIST (S5x32) 5C set John Drewry Summer Coll 9

- 1- 4 1s & 3s cross RH & cast down 1 place, dance into centre Men facing up, Ladies down
- 5- 8 1st Man with 2s, 1st Lady & 3rd Man with 4s, 3rd Lady with 5s, all circle left & 1s & 3s end facing 2nd corners
- 9-12 Dance Pass+Turn with 2nd corners, 1s & 3s turn partners RH to face 1st corners
- 13-16 Dance Pass+Turn with 1st corners, 1s & 3s turn partners RH to end in centre Ladies facing up & Men down
- 17-24 1s+3s dance reel of 4 in up/down middle, (1s end in 2nd place, 3s in 4th place both on opposite sides)
- 25-28 1st Lady with 2s, 1st Man & 3rd Lady with 4s, 3rd Man with 5s, all dance RH across once round, 1s & 3s ending where they began the reel, in middle Man above Lady
- 29-32 1s & 3s 3/4 turn partners RH & cast down on own sides to 3rd & 5th places

4. C'EST L'AMOUR (The Flirt) (J8x32) 3C (4C set) RSCDS Bk 34

- 1- 8 1L casts 1 place & sets, casts to 3rd place & sets
 9-16 1s cast up/down to 2nd place & set, 1L casts up into middle facing down
while 1M casts down 1 place into middle facing up & both set
 17-24 1s circle 3H round & back (Lady with 2s & Man with 3s) ending facing
 2s/3s (2s facing up & 3s down)
 25-32 1s+2s+3s set, 1s dance under arches made by 2s/3s to 2nd place own
 sides & 2s+1s+3s turn RH

5. NEVER AT SEA (R3x48) or (R6x48) 6C Set John C Haddow

- 4s & 5s & 6s start on opp sides
 1- 8 1s cross RH & cast to 2nd place, cross LH & cast to 3rd place **while** 6s
 cross RH & cast to 5th place, cross LH & cast to 4th place
 9-16 1M+6L Prom hold dance reel of 3 with 4s (pass 4M LSh to start) **while**
 6M+1L dance reel of 3 with 3s (pass 3M LSh) end 1s in 3rd place side by
 side facing up & 6s in 4th place facing down ready for...
 17-24 1s & 6s dance reflection reels on sides dancing up/down between 3s/4s to
 start
 25-32 1s+6s dance R&L ending with 1s facing up & 6s facing down
 33-36 End couples cross RH **while** cpl in 2nd+3rd pl **also** cpl in 4th+5th pl
 dance 1/2 RH across & all (1st+2nd pl, 3rd+4th pl, 5th+6th pl) change pl
 LH on side
 37-40 Repeat bars 33-36
 40-44 Repeat bars 33-36
 45-48 All turn partners RH 5 4 6(1)(3)(2)
 Dance 3 times to end 6 5 4(3)(2)(1) or 6 times to end 1 2 3(4)(5)(6)

6. INDIAN RIVER STRATHSPEY (S3x32) 3C Tri set George Senyk

- 1- 8 1s+2s+3s in prom hold dance a reel of 3 across the set, 1s passing 3s RSh
 to start
 9-16 1s (with Lady leading) dance RH across with 3s & dance LH across with
 2s
 17-24 2s+3s dance Ladies Chain across the set **while** 1s set (2 bars) & then
 dance between 2s+3s & cast individually back to places
 25-32 1s+3s dance 1/2 R&L, 1s+2s dance 1/2 R&L to end 3 1 2

7. THE ZOOLOGIST (J8x32) 3C (4C set) D Brown RSCDS Bk 46

- 1- 8 1s cross down between 2s+3s & cast to right to face 2L/3M, dance 1/2 LSh reel of 3 across (1L with 2s, 1M with 3s) & end facing 1st corner (pstn)
- 9-16 1s dance 1/2 diagonal reel of 4 & pass RSh to face 2nd corner (pstn), 1s dance 1/2 diagonal reel & end in double triangle positions (facing opp sides)
- 17-24 1s dance Double Triangles & end in middle facing opposite sides RSh to RSh
- 25-32 1s dance LH across (M with 3s at top & L with 2s), 1M followed by 3M+3L **also** 1L followed by 2L+2M pass RSh diagonally across to change ends & loop round to right to end on own sides. 2 1 3

8. LADY SOPHIA LINDSAY (R4x32) 4C set Jean Attwood Alexander

3s & 4s start on opp sides

- 1- 8 2s+3s dance RH across once round, 2s (Lady leading) dance out & cast up round 1st Lady **while** 3s dance out & cast down round 4th Lady
- 9-16 2s with 1st Man & 3s with 4th Man, dance RH across once round, 2s with 1st Lady & 3s with 4th Lady, dance LH across once round
- 17-24 2s & 3s dance Tandem reels of 3 on sides (2s dance down & out on Men's side **as** 3s dance up & out Ladies side). At the end of reel 2s dance across top of dance ending in 1st place on own sides **as** 3s dance across bottom of dance ending in 4th place 1s end in 2nd place own side facing down & 4s in 3rd place opp side facing up
- 25-32 1L+4M **also** 1M+4L set on sides, change places RH, 1s+4s set to partners & cross to other side RH. 2 4(1)(3)

9. MRS MILNE OF KINNEFF (S4x32) Sq.Set A Macpherson RSCDS

- 1- 8 1s & 3s join hands with partner & adv for 2 steps, turn opposite partner RH once round, retaining opp ptr hand dance RH across with 2s/4s
- 9-16 Dancing couples (1M+3L & 1L+3M) facing side couples dance parallel reels of 4 across the dance
- 17-18 Dancing couples (1M+3L & 1L+3M) set to side couples
- 19-22 Dancing couples (1M+3L & 1L+3M) dance out between side couples & cast to original places **while** side couples separate & dance into centre to meet partners then holding nearer hands dance out to original places
- 23-24 All turn partners 2H
- 25-32 All circle 8H 1/2 way round to left, 3/4 turn partners RH into prom hold (Ladies on inside) & all Promenade 1 place clockwise

10. EPPING HUNDRED (R8x32) 3C (4C set) John Drewry

- 1- 8 1s+2s set, 1M+2L change places RH, 1L+2M change places LH & 2s+1s cross RH
 9-16 2s+1s dance RH across, 1s+3s dance LH across
 17-24 2s+1s+3s dance reels of 3 on sides (2s RSh to 1s to start)
 25-32 2s+1s+3s circle 6H round for 6 steps, pivot left & chase back to place

INTERVAL

11. JOIE DE VIVRE (J8x32) 3C (4C set) Irene van Maarseveen RSCDS

- 1- 8 1s set, cast 1 place, 1s dance down between 3s & cast back to 2nd place on own sides
 9-16 2s+1s+3s turn RH & chase 1/2 way round clockwise
 17-24 3s+1s+2s dance DoSiDo, set & 1/2 turn partners RH for Allemande
 25-32 3s+1s+2s dance Allemande

12. GLENGARRY HOMESTEAD (S4x32) 4C set J Brenchley

- 1- 8 1s+3s dance 1/2 Figs of 8 round 2s/4s, 1s+3s dance down 1 place & turn inwards face up **as 2s also** 4s dance up 1 pl & in to face 1s/3s & all set
 9-16 2s+1s **also** 4s+3s circle 4H round to left, all dance 1/2 RSh reels of 4 on sides but end with 1s+4s 3/4 turning LH bringing Ladies into centre
 17-24 1s+4s dance the Targe : -
 `17-18 1st & 4th Ladies 3/4 turn RH **while** Men dance 1/4 way round anticlockwise
 `19-20 1st Man with 4th Lady & 1st Lady with 4th Man full turn LH
 `21-22 1st & 4th Ladies 3/4 turn RH **while** Men dance 1/4 way round anticlockwise
 `23-24 1st Man with 4th Lady & 1st Lady with 4th Man turn LH to end on sides to end (3) 1 (4) 2
 25-32 All dance 1/2 RSh reels of 4 on sides, all set & 3s+4s cross to own sides.
 2 4 1 3

13. POSTIE'S JIG (J4x32) 4C set Roy Clowes Ormskirk 5

- 1- 8 1s & 4s set & cast in 1 place, 1s & 4s dance 1/2 Figs of 8 round new end couples
- 9-12 1M+4M & 1L+4L cross (men making an arch) & turn corners with free hand to face up/down
- 13-16 1s+4s dance down/up (couple dancing up make the arch) & turn corners
- 17-24 Repeat bars 9-16 from new positions
- 25-32 1s+4s dance 1/2 R&L, turn partner RH

14. SWISS LASSIE (R8x32) 3C (4C set) Rosi Betsche RSCDS Bk 39

- 1- 8 1s dance in & cast to 3rd place, 2s+1s turn partners RH 1.1/4 times to form a line up & down middle of set (Men facing down Ladies up)
- 9-16 2s+1s dance reel of 4 up & down middle of set ending with 2M facing Ladies side & 1L facing Men's side
- 17-24 2s+1s chase round clockwise 1/2 way, 1s+3s+2s Adv+Ret
- 25-32 3s+2s (bottom 2 couples) 1/2 turn partners RH, dance RH across 1/2 way, 1s+2s (top 2 couples) 1/2 turn partners RH & dance RH across 1/2 way

15. THE WIND ON LOCH FYNE (S3x32) 3C Triangular set John Bowie

- 1- 8 1s cross over (Man between 3s, Lady between 2s) & dance Fig of 8 & end turning RH 1/2 way to face partner in original places
- 9-16 All dance interlocking RSh reels of 4 & end by turning RH to bring Men into centre
- 17-24 Men dance LH across in centre 2 places **while** Ladies dance clockwise 1 place, turn partner RH & repeat ending in triangular set order 2 3 1
- 25-32 All set & circle 6H round for 2 steps, turn partner 2H & continue to circle 6H round to pstns. 2 3 1

16. MRS STEWART'S JIG (J8x32) 3C (4C set) Frans Ligtmans

- 1- 8 1s set, 1L followed by partner casts 2 places, 1L crosses (below 3s) & casts up on Men's side to 2nd place facing down **while** 1M dances round 3L & up the middle to 2nd place Ladies side facing down
- 9-16 2s+1s+3s dance Grand Chain, end with 2M & 1M facing out
- 17-24 2s+1s dance Ladies Chain
- 25-32 2s+1s+3s Adv+Ret for 2 steps & 1s turn 1.1/2 RH to own sides

17. QUEEN'S VIEW (R8x32) 3C (4C set) Bill Forbes Craigievar Bk 3

- 1- 8 1s+2s dance 1/2 double Fig of 8 (1s crossing down to start), 1s dancing between 2s give nearer hand to 2s & turn once round
 9-16 1s dance Inveran reels with 2s+3s (1s cross to own sides to start)
 17-24 1s+2s dance 1/2 double Fig of 8 (1s crossing down to start), 1s dancing between 2s give nearer hand to 2s & turn 1.1/2 times to end in centre BtoB for Double Triangles
 25-32 1s dance Double Triangles ending in 2nd place own sides

18. THE BYRON STRATHSPEY (S3x32) 3C set John Drewry

- 1- 8 All petronella turn into the centre & set to partner, turn 2H 1.1/4 times back to places
 9-16 1s+2L & 3s+2M dance RH across, 2s pass RSh & dance LH across with other couple
 17-24 2s in prom hold dance reel of 3 with 1s passing 1L RSh, end 2s in centre at top
 25-32 2s+1s+3s dance Allemande

19. THE SAILOR (R8x32) 3C (4C set) RSCDS Bk 24

- 1- 8 1s cross down RH to face out between 2s & 3s giving hands to each corner & set, 1s cast round 1st corner to form lines of 3 across with 2s/3s & 2s+1s+3s set
 9-16 1s (turning to right) dance RSh reels of 3 across & 1s end passing LSh to 2nd place on opposite sides
 17-24 1s lead down for 2 bars & lead up, cross at the top & cast to 2nd place on own sides
 25-32 2s+1s dance R&L

20. MRS MACPHERSON OF INVERAN (R8x32) 3C (4C set) J Drewry

- 1- 8 1s dance Inveran Reels with 2s+3s
 9-16 1s turn RH 1.1/2 times moving down to 2nd places (opposite sides), 1s *cast up behind 2s & cross down to 2nd place own side*
 17-24 2s+1s+3s dance Grand Chain
 25-32 2s+1s+3s circle 6H round & back

PARKING

Entrance between Halo Hair Care and Papa John's to back of Church (Wesley Hall). 20 car limit in Church car park. Wardens are vigilant!

Do not park in other shops' car parks.

Alternative parking 100 yards up Traps Hill in Library car park. No restrictions after 6 pm. Church 1/2 mile from Loughton Tube station on level. Bus number 20 (starts at Walthamstow bus station, opp Tube and calls at Loughton Tube) then stops at Morrisons, a few yards away from Church.

NEXT DANCE –

**29 June 2019 – Band “Forest Band”.,
Loughton Methodist Church, 260 High Road, IG10 1RB**

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Cribs courtesy of Minicrib

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